



## A Letter to Parents & Caregivers

Dear Parent or Caregiver,

Thank you for taking the time to read this booklet with your child. Children Such as These (CSAT) exists for one simple reason: to help keep children safe through education, awareness, and trust.

This booklet was carefully created for young children to learn about:

- Body boundaries
- Trusting their instincts
- Safe and unsafe situations
- Identifying trusted adults
- Knowing they can always ask for help

All content is age-appropriate, non-graphic, and designed to **empower — not frighten — children.**

### Why This Matters

Children are often taught to be polite, quiet, and obedient — but not always taught that their body belongs to them, that it is okay to say “no,” that they will never be in trouble for telling the truth, and that adults are responsible for keeping them safe.

**Education is one of the strongest tools we have to protect children before harm occurs. A single conversation can change everything.**

### How to Use This Booklet

Read this booklet together with your child. Go at their pace — there is no rush. Invite questions and listen carefully. Reassure them that they are safe and loved, and let them know they can always come to you. You do not need to cover everything at once — even small conversations make a big difference.

### An Important Message for Children

Please remind your child often:

- You can always come to me
- You will never be in trouble for telling the truth
- Your feelings matter
- Your safety is more important than secrets

**These messages build trust — and trust saves lives.**



## Our Commitment to Families

CSAT works with parents, schools, churches, law enforcement, and communities to provide preventive education that protects children while honoring families and values. Our mission is not to scare children — but to equip them, support parents, and strengthen communities.

## We Are Here to Help

If you would like additional resources, guidance, or information, we invite you to visit us:

- **Website:** [www.childrensuchasthese.org](http://www.childrensuchasthese.org)
- **Email:** [info@childrensuchasthese.org](mailto:info@childrensuchasthese.org)
- **Partner:** [www.nativebrigade.org](http://www.nativebrigade.org) · [Info@NativeBrigade.org](mailto:Info@NativeBrigade.org)

Together, we can create safer spaces for children — starting with open conversations and trusted relationships.

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SENTINEL GUARD & ADAMS WATCH · NATIVE BRIGADE ENFORCEMENT SERVICES