

CHILDREN SUCH AS THESE PRESENTS:

A Sentinel Guard & Adams Watch Initiative



LITTLE WARRIORS

A Body Safety Booklet

Brave Kids. Strong Hearts. Safe Futures.

Greetings, Little Warrior! I am Red Feather.

I am your guide in Native Brigade's Little Warriors!

Your body is sacred — and it belongs to YOU.

You are brave, strong, and loved — a warrior worth protecting!

Your body is NOT a toy. It is NOT a game.

It belongs to you — like your home belongs to your family.

Red Feather says you get to say:

"Yes, I like that" or "No, I don't like that."

RED FEATHER TEACHES: GOOD & BAD SECRETS

Good Secrets

A surprise birthday party
A hidden present for someone you love
A fun game to share soon
Good secrets make you smile!

Bad Secrets

Make your tummy feel tight
Make your heart beat fast
Make you feel scared or confused
and sad inside

Bad secrets happen when someone says things like:

"Don't tell your mom or dad."

"This is our special secret."

"You'll get in trouble if you tell."

Red Feather says: if a secret makes you feel scared, sad, or BAD inside — it is a BAD secret. Always tell!



YOUR CIRCLE OF TRUST

Red Feather Says:

No one should touch your body unless they're helping you stay clean, healthy, or safe — like Mommy, Daddy, or a doctor with Mommy or Daddy there!

Little Warrior, if anyone makes you feel unsafe or confused, go to someone in your Circle of Trust, like:

Mom or Dad

Grandma or
Grandpa

A Teacher
You Trust

Church or
School Adult

Every Little Warrior in Native Brigade needs a Circle of Trust.

Go to them when you feel:

Scared · Confused · Yucky in your tummy · Unsure

Your Circle of Trust will always:

Listen to you
Believe you
Protect you
Want you to be safe
Never ask you to keep bad secrets

Your Circle of Trust never tricks you, scares you, or keeps you from your family.

Red Feather says: You are NEVER wrong for telling!



Red Feather teaches: some touches show love and care...

Safe Touches

Mom or Dad's goodnight hug
A gentle kiss goodnight
Holding hands in a parking lot
These feel Warm & Safe!

Unsafe Touches

Make you feel confused
Make your tummy feel tight
Make you want to pull away
Go to your Circle of Trust!

Little Warrior – write the names of your
Circle of Trust:

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____



RED FEATHER TEACHES: YOUR INNER WARRIOR

Red Feather says: The Great Spirit gave you a powerful gift — your instincts.

Your instincts are your inner warrior alarm. They whisper:

"This feels good." "This feels weird." "This feels wrong."

Your inner warrior lives in your tummy and your heart.

Trust it, Little Warrior — it is there to protect you.

Safe Feelings:

Warm tummy

Happy heart

Smiling inside

Feeling calm

"I am safe. My inner warrior is at rest!"

Unsafe Feelings:

Tight tummy

Frozen or stuck

Wanting to step back

Confused or scared

Tell your Circle of Trust right away!

Red Feather says: These feelings are your inner warrior speaking.

Little Warrior — always listen to them!

Red Feather Says:

*"If my tummy feels tight, yucky, or scared —
I tell my Circle of Trust right away."*



RED FEATHER'S 3-STEP WARRIOR PLAN

Little Warrior — if something makes you feel scared or yucky inside...

Red Feather has given you three powerful warrior moves!

FREEZE

Stop your body. Look around. Take one breath.
This wakes up your warrior brain — from "scared" to "thinking."

Red Feather says: "Pause. Breathe. Think."

BREAK

Move your warrior body away from the person.
"STOP! I don't like that!" or "No! Leave me alone!"
A warrior voice doesn't have to be loud to be strong —
but it CAN be loud if you need it to be!

ESCAPE

Run to your Circle of Trust —
someone who will listen, protect, and help you feel safe again.

Red Feather says: "You will NEVER be in trouble for telling!"



RED FEATHER'S COLOR CODES

Red Feather's tribe uses three colors — just like a traffic light!
Little Warriors use these to know what their inner warrior is saying.

GREEN = I FEEL SAFE

Green: happy, calm, relaxed — your inner warrior is at peace.
"I am safe. I am a strong Little Warrior!"

YELLOW = I FEEL WEIRD

Yellow: unsure, confused, or anxious — your warrior is alerting you.
"Slow down, Little Warrior. Pay close attention."

RED = I NEED HELP

Red: "This feels wrong. I don't like this. I need help!"
Freeze • Break • Escape to a Safe Grownup!

Red Feather's Activity: Color In Your Traffic Light!

Each color tells your inner warrior how to respond.

LET'S LEARN OUR
COLOR CODES!



I AM A NATIVE BRIGADE LITTLE WARRIOR

Red Feather is proud of you. You are brave, strong, and important.
And you deserve to feel safe every single day.

Say these warrior words out loud with Red Feather:

"My body is sacred and it belongs to me.
I listen to my inner warrior — my tummy and heart!
Good secrets make me smile.
Dangerous secrets should always be told!
I can Freeze • Break • Escape!
I go to my Circle of Trust anytime.
I will NEVER be in trouble for telling the truth."

Little Warrior — you are never alone.
Native Brigade walks with you. Red Feather walks with you.
You are precious, powerful, and worth protecting.

Red Feather Says:

**"If something feels wrong, I tell my Circle of Trust —
because I am a Little Warrior and I matter."**



THE LITTLE WARRIOR PLEDGE

Say this with Red Feather and a grown-up in your Circle of Trust!

I am a Native Brigade Little Warrior.

My body is sacred and it belongs to ME.

I know the difference between good secrets and bad secrets.

I will ALWAYS tell my Circle of Trust if something feels wrong.

I can Freeze. I can Break. I can Escape.

I will NEVER be in trouble for telling.

I am brave. I am strong.

Red Feather walks with me. I am never alone.

I, _____, am a Native Brigade Little Warrior!

My Signature: _____

Date: _____

When you finish reading, put a sticker or draw a star here:



Now we're all Little Warriors!



ABOUT NATIVE BRIGADE & CSAT

Native Brigade's Little Warriors is a child safety and empowerment program. Children Such as These (CSAT), our partner nonprofit, is dedicated to:

- Preventing child exploitation
- Educating parents, teachers, and communities
- Supporting law enforcement and safety innovation
- Providing resources that protect vulnerable children

Red Feather's booklet — and everything we create — is free for families.
To help us reach more Little Warriors, visit us below.

Native Brigade · A Sentinel Guard & Adams Watch Initiative

nativebrigade.org
www.childrensuchasthese.org

Contact & Connect:

Instagram: @childrensuchasthese
Email: info@childrensuchasthese.org
Phone: (808) 272-4022
Website: www.childrensuchasthese.org

"Whoever welcomes one such child in My name welcomes Me."

— Matthew 18:5

"Brave Kids. Strong Hearts. Safe Futures."

Every Little Warrior deserves to feel safe, loved, and protected.
Red Feather will always walk with you. — Native Brigade

To the Adults in Every Little Warrior's Life:

Keeping children safe is the responsibility of adults.

If a child is in immediate danger, call 911.

If you suspect abuse, exploitation, or neglect, parents, caregivers, and mandated reporters can contact:

Child Help National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

Available 24/7 by phone, text, or chat

National Human Trafficking Hotline

1-888-373-7888

Text HELP to 233733 · Available 24/7

You may also contact your local child protective services or law enforcement.

How Native Brigade, CSAT & SGAW Can Help:

Native Brigade's Little Warriors program and Children Such as These are dedicated to protecting children through education and prevention.

We are not an emergency response organization.

Our role is to help families, schools, and communities:

- Understand warning signs
- Build safe conversations with children
- Strengthen prevention education
- Connect families to appropriate resources

Protection starts before harm occurs.

www.childrensuchasthese.org · nativebrigade.org

info@childrensuchasthese.org · Instagram: @childrensuchasthese

A free resource from the CSAT Learning Center.
Part of the Native Brigade Childsafe Technology Ecosystem.

Learn more at: nativebrigade.org

Produced by TPG Publishing · theproudfootgroup.org